

Servei de Salvament i Socorrisme, the lifeguard and rescue service under the president's office of the Formentera Island Council, has once again reported that it offers an adapted swim service for two groups —individuals with reduced mobility and the elderly— at es Arenals and es Pujols beaches. The two adapted beaches are equipped with retooled wooden boardwalks, a shaded rest area and a water-safe chair for adapted swimming.

Adapted swim sessions, noted Sergi Martí, head of the service, are led by two specially trained lifeguards. "For a more natural experience, family and friends can accompany the swimmer throughout," he said.

The service is available from noon to 5.00pm seven days a week, only when the green flag flies (check sea conditions at www.platgesdebalears.com). The current flow of requests is between two and three per week. One recent user was Juan José Dueñas, who afterwards recounted, "it'd been two years since I'd been in the sea and thanks to this service I've been able to do it again."

Socorrisme's coordinator, Martí, points to the service's target —"tourists and locals"— and says its aim is for "people with reduced mobility and seniors with impaired mobility to enjoy Formentera's waters, too".