

Beginning tomorrow and continuing through 1 June, Formentera will host the fifth year of Formentera to Run, a race that allows participants a trajectory across the island and all of its sights over the course of one week. The formula combines five different foot trials, each with distances between 9 and 21 kilometres, in two categories: male and female. All told, 63 kilometres of route over which to discover Formentera's most spectacular spots.

The reception of participating runners will take place 25 May and trials will begin Sunday the 26th, with one trial per day except on Friday, scheduled as a day of rest. Runners will traverse inner parts of the island, Ses Salines Natural Park, and continue on to some of Formentera's most treasured sights: La Mola lighthouse, Estany des Peix and the cliffs of Punta Rasa.

On the final day, the event will culminate in the distribution of prizes to the top-three classified in each category. Final standing will be determined by the sum of finish times obtained in each trial. A medal will also be given to every participant who completes the race in its entirety.

Registration, which can be done on the www.formenteratorun.com website, includes entry into the race, medical assistance, refreshments and bus transport to the start line of the half

marathon trial. In addition, participants are given the option of special accommodation packages and other secondary assistance. Approximately 80 runners have registered for this year's set of trials, and, taking into account accompanying family members and friends, the event could bring some 150 people to the island.

Formentera to Run is organised by the Zitoway and Alpitour companies and by the Council of Formentera, in collaboration with the Govern of the Balearic Islands.

The event is one part of the sports, cultural and leisure programme that will be established this spring within the framework of the Discover Formentera in May campaign.

More info available at www.formentera.es and www.formenteratorun.com