The CiF councillor of sport, Jordi Vidal, met today with local Yoga Day organiser Flor Mauger to unveil the activities programme on a week-long event that kicks off tomorrow, Friday June 17, and doesn't finish until International Yoga Day, next Tuesday. Mauger is joined by five of the island's resident yoga instructors —Suzanne Laier, Claudio Valdiserri, Irina Zadek, Olga Dargel and Eva Oller— in organising a programme packed with free, open-to-the-public activities for kids and adults.

Marking the start of the programme, tomorrow at 8.30pm, will be a photo exhibit by Guillermo Ferrer Torres titled *Viu feliç al teu ecosistema* (Living happily in your ecosystem). The exhibit will be displayed at Centre Antoni Tur “Gabrielet” and will conclude with a video screening. Back at Gabrielet on Saturday and Monday, June 18 and 20, the crew of yoga instructors will be on hand through early afternoon until two and then again in the evening with information about the manifold variants of yoga that exist. The evening programme on these days also includes video screenings.

Yoga Day

Tuesday, June 21, is finally the big day. From nine in the morning till ten at night, activities for both children and adults will be hosted in Jardí de Ses Eres (behind the Sant Francesc church) and at Centre Gabrielet. During the day events range from practice-based classes to yoga-themed talks, with, in between, snack times stacked with naturally-prepared treats and musical performances. All the activities are free, but all donations received will go to assisting the people of Nepal.

Yoga Day has also had the support of the Formentera Council, which provided logistical assistance in addition to help designing brochures and posters and paying for T-shirts given to Yoga Day participants. The total cost was roughly 3,500 euros.