



As part of local observance of Universal Children's Day, the sports department of the Formentera Council announces on that Saturday November 24 the Antoni Blanc sports centre and swimming pool is hosting the Jornada Esportiva Familiar, a special day of activities for the whole family.

"It's a day to get the island's youngest excited about active living", said CiF sports secretary Jordi Vidal. "We want islanders to see that sport can be a family activity," he said, "and young islanders to see their parents as role models for just that".

### **Swimming pool programming**

From 10.00am to 1.30pm, there will be a special "aquatic circuit for kids", plus chances for families to try scuba-diving (participants must sign up beforehand, and be 8 or older and accompanied by an adult).

From 12.30pm to 1.15pm, visitors will get to watch the winter 2018 third-place junior Balearic champions, a duet, perform a demonstration of artistic swimming.

### **Sports centre programming**

From 10.00am to 1.30pm, the floor of Antoni Blanc fitness facility will be the site of a "psychomotricity circuit for tots". Additional sports games and a round of dodgeball are on the programme as well.

### **Artistic swimming demo**

At 5.30pm there will be a demonstration by Club Natació Formentera in the Antoni Blanc swimming pool.